

# **Ballet Virginia Virtual Classes on Zoom**

## **Beginning the week of 4/27/2020**

**Dancers are welcome to join an elective if it works with your schedule.**

### **Monday –**

Company class/BVII – 1:00 Hannah  
Level 1 – 4:00 Lisa/Isabel  
Level 2 – 4:00 Lydia/Leah  
Level 3 – 4:00 Suzanne/Sage  
Level 7/BVII with pointe – 4:00 Janina/Julia  
Musical Theater – 5:30 Grace/Madison  
Modern 1 – 5:30 Lydia/Corrick  
Level 3/4 pointe conditioning – 5:30 Lisa  
Intermediate Adult Ballet – 6:00 Hannah

### **Tuesday –**

Company class/BVII – 1:00 Julia/Daina  
Dance with Me – 10:00 a.m. Hannah  
Pre Ballet – 11:00 a.m. Casey  
Beginning Ballet – 11:00 a.m. Hannah  
Ballet A – 4:00 Lisa/Casey  
Level 4/5 with pointe – 4:00 Janina  
Level 6/7 – 4:00 Isabel  
BVII with pointe – 4:00 Suzanne  
Contemporary – 6:00 Isabel

### **Wednesday –**

Company class/BVII – 1:00 Colin  
Ballet B – 4:00 Lisa/Casey  
Level 1 – 4:00 Janina/Sage  
Level 2 – 4:00 Suzanne/Leah  
Level 5/6- 4:00 with pointe Colin/Daina (alternate)

Level 7/BVII with pointe – 4:00 Lydia  
Hip Hop – 5:30 Hannah  
Modern 4/5/6 – 5:45 Lydia/Leah  
Beginning adult – 6:00 Lisa

### **Thursday –**

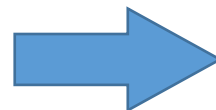
Company class/BVII – 1:00 Lydia/Janina (alternate)  
Level 3 with pre-pointe/pointe – 4:00 Lisa  
Level 4/5 with pointe – 4:00 Julia  
Level 6/7 with pointe – 4:00 Suzanne  
BVII with pointe – 4:00 Colin  
Modern 2/3 – 5:45 Lydia/Corrick  
Pilates Mat – Adult & Upper School – 6:00 Hannah

### **Friday –**

Adult Intermediate Ballet – 10:00 a.m. Hannah  
Company class/BVII – 1:00 Suzanne  
Level 4/5 – 4:00 Colin  
Level 3 – 4:00 Janina  
Level 6/7 – 4:00 Leah  
BVII with pointe – 4:00 Daina/Isabel (alternate)

### **Saturday –**

Dance with Me – 10:00 Madison  
Ballet A – 10:00 Lisa/Casey  
Pre-Ballet – 11:00 Casey  
Beginning Ballet – 11:00 Hannah  
Upper School Ballet – 11:00 Leah  
Ballet B – 11:30 Lisa  
Tap 1/2 – 12:30 Kim



Please email for any help needed:

[amy@balletvirginia.org](mailto:amy@balletvirginia.org)

[suzanne@balletvirginia.org](mailto:suzanne@balletvirginia.org)

[janina@balletvirginia.org](mailto:janina@balletvirginia.org)

[lisa@balletvirginia.org](mailto:lisa@balletvirginia.org)

[lydia@balletvirginia.org](mailto:lydia@balletvirginia.org)

[hannah@balletvirginia.org](mailto:hannah@balletvirginia.org)